







Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b><i>Fitness &amp; Community Center:</i></b> <i>M-F: 5a to 10p</i> <i>Saturdays: 9a to 6p</i> <i>Sundays: 10a to 2p</i>		<b>Gibson-Bethel Community Center</b> 5800 SW 66th St South Miami, FL 33143 305-668-3876 www.southmiamifl.gov		<sup>1</sup> Ed's Bootcamp (5-10a) Kickbox Rx (6a & 8a) Public Swim (12p-4p) Jazzercise (6:30p) Youth Basketball (6p)	<sup>2</sup> Jazzercise (9:15a) Basketball (11a-6p) Public Swim (12p-4p)
<sup>3</sup> Jazzercise (10a) Open Gym (11a-2p) Public Swim (12p-4p)	<sup>4</sup> Community Center (10a-6p) Public Swim (12p-4p)  <b>Fourth of July Celebration @ Palmer Park</b> 5-9:30pm 	<sup>5</sup> Ed's Bootcamp (5-10a) Jazzercise (8a) Swim Lessons (8-10:30a) Public Swim (12p-4p) Swim Lessons (4-7p) Youth Basketball (6p)	<sup>6</sup> Ed's Bootcamp (5-10a) Kickbox Rx (6a & 8a) Swim Lessons (8-10:30a) <b>F.L.O.W.</b> (9:30-2p) Water Aerobics (11a) Public Swim (12p-4p) Swim Lessons (4-7p) Youth Basketball (6p) Jazzercise (6:30p) 	<sup>7</sup> Ed's Bootcamp (5-10a) Jazzercise (8a) Swim Lessons (8-10:30a) Public Swim (12p-4p) Swim Lessons (4-7p) Youth Basketball (6p)	<sup>8</sup> Ed's Bootcamp (5-10a) Kickbox Rx (6a & 8a) Public Swim (12p-4p) Youth Basketball (6p) Jazzercise (6:30p)	<sup>9</sup> Jazzercise (9:15a) Basketball (11a-6p) Public Swim (12p-4p)
<sup>10</sup> Jazzercise (10a) Open Gym (11a-2p) Public Swim (12p-4p)	<sup>11</sup> Ed's Bootcamp(5-10a) Kickbox Rx (6a & 8a) Swim Lessons (8-10:30a) Water Aerobics (11a) Public Swim (12p-4p) Swim Lessons (4-7p) Youth Basketball (6p) Jazzercise (6:30p)	<sup>12</sup> Ed's Bootcamp (5-10a) Jazzercise (8a) Swim Lessons (8-10:30a) Public Swim (12p-4p) Swim Lessons (4-7p) Youth Basketball (6p)	<sup>13</sup> Ed's Bootcamp (5-10a) Kickbox Rx (6a & 8a) Swim Lessons (8-10:30a) Water Aerobics (11a) Public Swim (12p-4p) Swim Lessons (4-7p) Youth Basketball (6p) Jazzercise (6:30p)	<sup>14</sup> Ed's Bootcamp (5-10a) Jazzercise (8a) Swim Lessons (8-10:30a) Public Swim (12p-4p) Swim Lessons (4-7p) Youth Basketball (6p)	<sup>15</sup> Ed's Bootcamp(5-10a) Kickbox Rx (6a & 8a) Public Swim (12p-4p) Youth Basketball (6p) Jazzercise (6:30p)	<sup>16</sup> Jazzercise (9:15a) Basketball (11a-6p) Public Swim (12p-4p)
<sup>17</sup> Jazzercise (10a) Open Gym (11a-2p) Public Swim (12p-4p)	<sup>18</sup> Ed's Bootcamp(5-10a) Kickbox Rx (6a & 8a) Swim Lessons (8-10:30a) Water Aerobics (11a) Public Swim (12p-4p) Swim Lessons (4-7p) Youth Basketball (6p) Jazzercise (6:30p)	<sup>19</sup> Ed's Bootcamp (5-10a) Jazzercise (8a) Swim Lessons (8-10:30a) Public Swim (12p-4p) Swim Lessons (4-7p) Youth Basketball (6p)	<sup>20</sup> Ed's Bootcamp (5-10a) Kickbox Rx (6a & 8a) Swim Lessons (8-10:30a) Water Aerobics (11a) Public Swim (12p-4p) Swim Lessons (4-7p) Youth Basketball (6p) Jazzercise (6:30p)	<sup>21</sup> Ed's Bootcamp (5-10a) Jazzercise (8a) Swim Lessons (8-10:30a) Public Swim (12p-4p) Swim Lessons (4-7p) Youth Basketball (6p)	<sup>22</sup> Ed's Bootcamp (5-10a) Kickbox Rx (6a & 8a) Public Swim (12p-4p) Youth Basketball (6p) Jazzercise (6:30p)	<sup>23</sup> Jazzercise (9:15a) Basketball (3p-6p) Public Swim(12p-4p) <b>Backpack Giveaway @ GBCC - 12pm</b> 
<sup>24</sup> Jazzercise (10a) Open Gym (11a-2p) Public Swim (12p-4p)  <sup>31</sup> Jazzercise (10a) Open Gym (11a-2p) Public Swim (12p-4p) <b>Playful Polymers (12:30p)</b>	<sup>25</sup> Ed's Bootcamp(5-10a) Kickbox Rx (6a & 8a) Swim Lessons (8-10:30a) Water Aerobics (11a) Public Swim (12p-4p) Swim Lessons (4-7p) Youth Basketball (6p) Jazzercise (6:30p)	<sup>26</sup> Ed's Bootcamp (5-10a) Jazzercise (8a) Swim Lessons (8-10:30a) Public Swim (12p-4p) Swim Lessons (4-7p) Youth Basketball (6p)	<sup>27</sup> Ed's Bootcamp (5-10a) Kickbox Rx (6a & 8a) Swim Lessons (8-10:30a) Water Aerobics (11a) Public Swim (12p-4p) Swim Lessons (4-7p) Youth Basketball (6p) Jazzercise (6:30p)	<sup>28</sup> Ed's Bootcamp (5-10a) Jazzercise (8a) Swim Lessons (8-10:30a) Public Swim (12p-4p) Swim Lessons (4-7p) Youth Basketball (6p)	<sup>29</sup> Ed's Bootcamp (5-10a) Kickbox Rx (6a & 8a) Public Swim (12p-4p) Youth Basketball (6p) Jazzercise (6:30p)	<sup>30</sup> Jazzercise (9:15a) Basketball (11a-6p) Public Swim(12p-4p)  <b>National Dance Day Hip Hop Class @ Dante Fascell Park 10—11am</b>

# Programs and Classes - June 2016

## Health and Fitness



**Ed's Boot Camp:** South Florida's oldest and most effective boot camp provider. Unlimited classes year round, no contracts, no registration fees. Equipment provided. Check out [www.edsbootcamp.com](http://www.edsbootcamp.com) or call 305-613-9920.

**Kickbox Rx:** By combining the elements of kickboxing, strength training and core conditioning that guarantee results. Check out [www.kickboxrx.com](http://www.kickboxrx.com) or call 305-613-9920.



**Jazzercise:** A pulse-pounding, beat-pumping fitness program that gets you results fast. Check out [www.jazzercise.com](http://www.jazzercise.com) for more information or call 305-666-5457.

## TENNIS LESSONS, & MORE!

Sign up for private lessons, reserve a court for your own play, take a class or join in the after school tennis program at Dante Fascell Park. For more information call the Tennis office at 305-666-8680 or email [parks@southmiamifl.gov](mailto:parks@southmiamifl.gov).

## WATER AEROBICS

Water Aerobics classes are every Monday and Wednesday at Murray Park Aquatic Center, 6701 SW 58th Place, from 11:00a to 11:45 AM. Register for the whole month for \$35 or try out one class for \$10. Build cardiovascular fitness and increase muscle strength without the impact on your joints. See you at the pool!



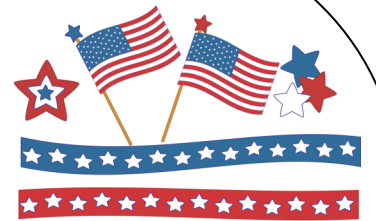
## F.L.O.W. is Here!

Florida License On Wheels will be at the Gibson-Bethel Community Center on 7/6/16. Renew a license, obtain a replacement license, change an address, get an ID card, or renew vehicle registration.



## JULY EVENTS

**Fourth of July Celebration:** The annual 4th of July Celebration will held at Palmer Park located at 6100 SW 67th Ave. The event will begins at 5:00 PM and features live bands, concessions, a kid's zone, and end with a spectacular fireworks display show at 9:00 PM.



**July is Parks and Recreation Month:** July is the nation's official Park and Recreation Month. To encourage the discovery of parks and recreation's super powers, we're hosting a month-long series of free events throughout the City of South Miami. Check out the [calendar](#) to see what's happening.



**Backpack Giveaway:** Come out to the Gibson-Bethel Community Center on Saturday July 23rd at 12pm to meet football player, Patrick Robinson and get a free backpack to start the new school year right! In order to receive a backpack **YOU MUST REGISTER** for the event. Register at [www.patrickrobinsonnfl.com](http://www.patrickrobinsonnfl.com).



**Celebrate National Dance Day:** July 30th is National Dance Day! Join us at Dante Fascell Park to celebrate with a family friendly Hip Hop dance lesson at 10am. For more information visit [www.southmiamifl.gov](http://www.southmiamifl.gov) or call 305-668-3876



**Wonder Workshop:** Come join us for a 'playful polymers' event at Gibson-Bethel Community Center on July 31st at 12:30pm. Kids will be able to manipulate the material properties of glue through STEM learning. **REGISTRATION IS REQUIRED.** More information can be found [here](#) or by calling 305-668-3876



Email [parks@southmiamifl.gov](mailto:parks@southmiamifl.gov) for more information about events happening in July.

## GROUP & PRIVATE SWIM LESSONS!

Sign up for swim lessons with The City of South Miami. Group lessons and private lessons available Monday through Friday. To view the class schedule and registration form [click here](#), call 305-668-3876, or come to the Gibson-Bethel center and pick up an Aquatics Information Booklet.